Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before Him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. (Heb. 12:1-2)

●[∞] Pride: a "<u>high</u>" personal spirit brings you a "<u>low</u>" spiritual position – "A man's pride brings him low, but a man of lowly spirit gains honor." (Prov. 29:23)

A few trip-wires of pride:

- <u>Judgmentalism</u> "The Pharisee stood up and prayed about himself: 'God, I thank you that I am not like other men...'" (Luke 18:11)
- <u>Egotism</u> "I fast twice a week and give a tenth of all I get." (Luke 18:12)

Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given to you." (Rom. 12:3)

- <u>Strife</u> "Pride only breeds quarrels, but wisdom is found in those who take advice." (Prov. 13:10)
- <u>Self-reliance</u> "In his pride the wicked does not seek Him; in all his thoughts there is no room for God." (Psalm 10:4)

Going grit: spiritual stamina to pursue humility by...

- **Practicing** <u>repentance</u> "He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. (Prov. 28:13)
- *Choosing <u>love</u> "Love is patient, love is kind. It does not envy, it does not boast, it is not proud." (1 Cor. 13:4)*
- *Elevating grace* "For I am the least of the apostles and do not even deserve to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am..." (1 Cor. 15:9-10a)
- *Emulating Jesus* "Your attitude should be the same as that of Jesus Christ...He humbled Himself and became obedient to death even death on a cross!" (Phil. 2:5, 8)

My heart is not proud, O LORD... (Psalm 131:1a)